

# CLEO Beauty STAR AWARDS 2014

You've had a rough 10 months, and with the year coming to a close, it's time to treat yourself! We've narrowed down the must-try spa treatments for the year to get you refreshed, relaxed and ready to take on the rest of the year.

**By Sarah Jasmine**



## Best Wash And Blow Dry

**Dry Parlour Wash & Blow, RM48  
(45 mins onwards).**

A premium wash with an affordable price tag, the blow dry bar specialises in getting your hair runway-ready. They use renowned brands such as Sachajuan, and every blowout comes with a complimentary cup of coffee or tea (you can even opt for a glass of wine at RM10 a pop if you're feeling fancy)! Just drop in, pick a style from the Blow Dry menu and walk out looking flawless. The minty blue walls are definitely a safe haven from the hectic life of flyaways and stray tendrils!

**Dry Parlour, LG11, Bangsar Village 1. Tel: 03-2202 0221.**

## Best Hair Spa

**L'Oréal Professional Hair Spa Treatment,  
RM350 (60 mins onwards).**

The four-step in-salon treatment ensures that you'll have a clean and healthy scalp to go with that perfect head of hair! The treatment focuses on detoxing the scalp; freeing it from the nasty effects of stress, pollution, heat, and humidity. A scalp clay, detoxifying shampoo, detoxifying creambath, and detoxifying conditioner will be applied, leaving a refreshed feel that will have you coming back.

**Shawn Cutler, 10, Jalan Telawi 2, Bangsar Baru, 59100 Kuala Lumpur.  
Tel: 03-2284 6326.**



## Best Treatment For Hair Loss

**Kérastase Densifique Treatment,  
starts at RM170 (60 mins onwards).**

It helps maintain your current hair by creating an optimum environment for stem cells. It also awakens hair follicles, which means a faster and more abundant growth of new hair! If you've wanted thicker and lusher locks since forever, this is a good treatment to try.

**Centro Hair Salon, F235B, 1st Floor, The Gardens Mall. Tel: 03-2287 7330.**

## Best Treatment For Oily Scalp

**Redken Chemistry Oil Detox,  
RM150 (90 mins).**

Refreshed, bouncy hair? Yes please! Say goodbye to oil slicks and hello to purified and refined strands. The Oil Detox shot contains lipacid, which helps control excess oil production on the scalp and clarify impurities. Used with a Shot Phix 3.5 (for chemically-distressed hair) or 5.5 (for mechanically-distressed hair), the treatment also rebalances the pH level of your scalp.

**Curlers & Trimmers,  
62, Jalan 27/70A, Desa Sri Hartamas, 50480 Kuala Lumpur.  
Tel: 03-2300 1938.**

## Best Overall Hair Service

**Centro Prive**

Bet you never thought you could get a haircut you were unhappy with fixed for free. Yes, you heard us right! Whether it's a dye job, a treatment or a cut by one of the salon's professional stylists that has you unwilling to take a selfie, they will happily fix it for you, free of charge. Just call in to fix your appointment and revisit the salon within a one-week period to get your mane sorted out!

**Centro Prive,  
Lot 401D, 4th Floor, Suria KLCC.  
Tel: 03-2162 3330.**

## Best Hair Colour Services

### Number 76

If you're looking for the latest colours with great quality, this Japanese salon's your best bet. They do a good dip-dye ombre, which works great if you want to end up as one of those Tumblr girls whose picture gets reblogged a million times! They also do a unique ultrasonic iron treatment, which helps reduce the damage that chemical processes cause, leaving you with silky smooth strands.

**Number 76, S4, Pamper Floor, Starhill Gallery.**  
**Tel: 03-2141 6676.**

## Best Treatment For Dry Hair

**Shiseido Professional The Hair Aqua Intensive Treatment, starts at RM138 (75 mins onwards).**

Whether your hair is dry because you've been colouring too much, or you haven't been taking as much care of your strands as you should, this treatment will put life back into your crowning glory. Using Aqua Mimic Technology, the treatment replenishes lost moisture in the hair while fixing inner and outer damage, leaving your locks smooth and glossy. It smells amazing, too, with a fragrance named June Bride after its clean and fresh scent. Just imagine the bouquet of a summer bride for a rough idea!

**A-Saloon, L2-11, 1 Mont Kiara, No. 1, Jalan Mont Kiara, 50480 Kuala Lumpur. Tel: 03-6211 2965.**



## Best Treatment For Coloured And Damaged Hair

**Pureology Pure Indulgence Treatment, RM168 (60 mins onwards).**

Colouring your hair helps enhance your looks, but it does a bit of damage in the process. This in-salon process helps bring out radiance and shine to damaged, treated hair. Your locks will be more vivid and shampoo ad-worthy!

**V Colour Zone Saloon, No. 54 & 54-1, Jalan Mahogany 1/KS7, Bandar Botanik, 41200 Klang. Tel: 03-3325 5679.**



## Best Scalp Purifying/ Detoxifying Treatment

**Phyto Scalp Treatment and Intensive Hair Treatment, RM220 (90 mins).**

Guess what? Your scalp needs attention, too! This treatment helps revitalise the scalp with Phyto's botanical products, while purifying and stimulating it.

**Shear Talent, 13, Jalan SS21/56B, Damansara Utama, 47400 Petaling Jaya. Tel: 03-7725 8816.**

## Best Scalp Massage

**René Furterer Astera Relaxing Treatment, RM280 (90 mins onwards).**

If you've got a sensitive scalp, you're definitely going to rejoice over this soothing treatment! It's perfect to ease redness, irritation, stinging, and tightness. You'll feel a cooling and refreshing sensation when the treatment is applied.

**René Furterer Institute, Lot 6.29.00, Level 6, Pavilion Kuala Lumpur. Tel: 03-2141 1816.**

## Best Fashion-Forward Haircut

**Shawn Cutler**

Ask one of the stylists to take a look at your hair and they'll immediately know what style, shape, cut, and colour will suit you. They're also not afraid to experiment, so if you're looking to do something wild and unexpected, they'd be more than happy to work their magic and show you a showstopping before and after look!

**Shawn Cutler, 10, Jalan Telawi 2, Bangsar Baru, 59100 Kuala Lumpur. Tel: 03-2284 6326.**



## Best Facial For Men

### SK-II Hydration Facial, RM149 (60 mins).

Your significant other's skin requires pampering that's different from yours, so pamper him with a facial that is meant to soothe and hydrate, especially for men. He'll have baby-smooth skin after this hour-long facial, free from dryness or flaking caused by daily shaving.

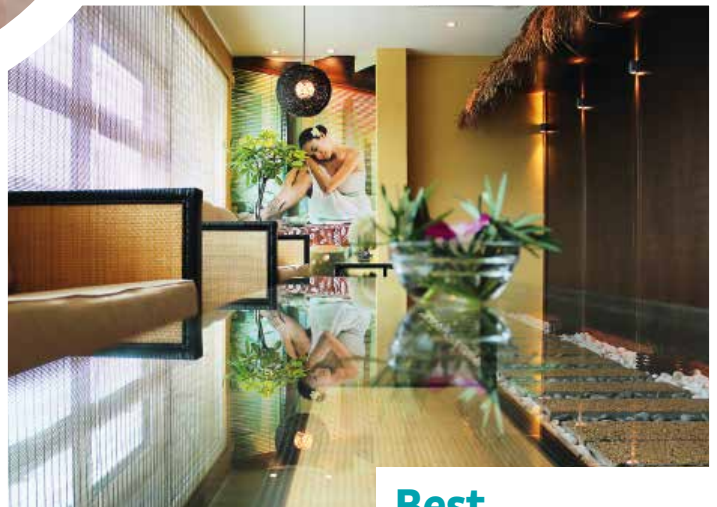
**SK-II, Isetan KLCC. Tel: 012-658 3625.**

## Most Innovative Treatment

### BE Urban Wellness 3D Glow, RM411 (90 mins).

Ageing causes you to lose collagen, but helping the body generate heat will help restore collagen. It will be slightly warm upon application, but providing energy to the deep layers of the skin using radiofrequency technology causes the skin to improve itself over time. Expect improved texture and younger-looking skin after the treatment!

**BE Urban Wellness, 11F/L, Work @ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur. Tel: 03-2095 1999.**



## Best Luxurious Facial

### SK-II LXP Intimacy Haute Contour Facial, RM299 (75 mins).

The highest concentration of Pitera will be applied on your skin to help it look instantly firmer, while rose crystal plates are used to enhance circulation. If you want to look younger in a flash, this is your saving glory!

**SK-II, Isetan KLCC. Tel: 012-658 3625.**

## Best Lunchbreak Facial

### Herbaline Quick Cleanse Facial, RM28 (20 mins).

If pore strips aren't working for you and you dread the blotchiness of extraction, this facial will soon put you at ease. They use a machine which twirls your blackheads and whiteheads out of your skin (far less painful than it sounds)! In fact, it's so painless, there's absolutely no swelling or redness on your face after the extraction!

**Herbaline, SS2 Sea Park, No. 3, Jalan 21/11, 43600 Petaling Jaya. Tel: 03-7873 7569.**



## Best Lifting Facial

### Clarins The Total V Face Shaper, RM288 (75 mins).

This facial helps drain and refine your facial contours using Clarins' Shaping Facial Lift Total V Contouring Serum. It also helps lighten any signs of a double chin while firming up your cheeks and jawline. The therapists use only their hands to smooth the products over your face, so you leave with a contoured look that could rival Kim K.!

**Clarins Skin Spa, Lot 401C, Level 4, Suria KLCC. Tel: 03-2382 6800.**

## Best Pore-Refining Facial

**Clarins The Detox & Shine Stopper, RM248 (60 mins).**

Nothing's more pampering than a session at the Clarins Skin Spa – the dimly lit room and being wrapped in a blanket, while smooth hands run over your face is simply heaven on earth! The facial helps purify your skin so you'll have less shiny patches in the middle of the day (blotting constantly is not cool).

**Clarins Skin Spa, Lot 401C, Level 4, Suria KLCC. Tel: 03-2382 6800.**



## Best Hydrating Facial

**Jurlique Revitalizing Fruit Enzyme Facial Treatment, RM255 (90 mins).**

Rejuvenation and hydration in one facial? Sign us up! This fruity treat helps lift, energise and replenish the skin. The enzyme scrub used will deep cleanse your pores, smoothen your skin and soften any wrinkles you might have so they don't look as harsh. Afterwards, a mask will be applied to boost cellular activity and repair scars.

**Jurlique, Level 7, Seventh Heaven, Pavilion Kuala Lumpur.**

**Tel: 03-2110 3389.**



## Most Relaxing Facial

**Origins Skin Firming Facial, RM200 (90 mins).**

Be prepared to be soothed and pampered, and leave with firmer and younger-looking skin at the hands of the experienced staff. The facial helps reduce fine lines and wrinkles while boosting radiance. Using Plantscription with Anogeissus, the facial also improves skin tone while tightening your skin, like a facelift in a bottle!

**Origins, F225, First Floor, The Gardens Mall. Tel: 03-2287 4662.**



## Best Detox Facial

**Biotherm Depollute & Brighten Facial, RM250 (90 mins).**

Get all the nasty pollutants and toxins out of your skin! Biotherm's solution will detox and brighten, while boosting micro-circulation.

**Biotherm, Ground Floor, Robinsons, The Gardens Mall.**

**Tel: 03-2287 4620.**

## Best Anti-Ageing Facial

**Face Factors Thermage, RM8,888 (90 mins).**

This non-invasive facial lifting treatment means that you're safe from nasty injections as it uses radiofrequency technology to heat up the collagen fibres within your skin.

**Face Factors, Solaris Dutamas, Jalan Dutamas 1, 50480 Kuala Lumpur.**

**Tel: 03-6205 3508.**

## Best Whitening Facial

**Elysyle Spa Luminosity Facial, RM288 (120 mins).**

Get your skin's complexion restored with this facial that leaves your skin with a glow that could rival that of a blushing bride!

**Elysyle Spa, Lot 1-3, Penthouse, Wisma Elken, Batu 5, Jalan Klang Lama,**

**58000 Kuala Lumpur. Tel: 03-7785 1111.**

## Best Facial For Dull Skin In Need Of A Boost

**Shiseido Ultimate Luxury Facial, RM280 (90 mins).**

Perfect for those who suffer from pigmentation issues or lacklustre skin, this facial will brighten your complexion swiftly!

**Shiseido, Isetan The Gardens.**

**Tel: 03-2287 4502.**

## Best Facial For Troubled Skin

**Thalgo Thalgodermyl Therapy, RM240 (90 mins).**

We've all fallen victim to the odd pimple and blemish, but if you're having an unusually mass attack, this facial will do the trick! It combines natural essential oils and a soothing Thalgoderm mask to reduce inflammation and control all the excess oil on your skin.

**Absolute Beauty, Unit B-5-1, Sunway Giza, 2, Jalan PJU 5/14, Kota Damansara, 47810 Petaling Jaya.**

**Tel: 03-6148 1968.**



## Best Body Shaping Treatment

### Body Perfect Lotus Spa Bodywork Slimming Treatment

Perfect to tackle those love handles and dimpled thighs, the treatment begins with a lymphatic drainage to target areas that are experiencing blockages and the drainage will help improve the flow of qi for good health. The massage point strokes are firm and will help sculpt your body and improve fluid circulation, too.

**Body Perfect, Unit 3-20, 3rd Floor, The Intermark, 55000 Kuala Lumpur. Tel: 03-2161 8882.**



## Best Body Shaping Massage

### Alqvimia Body Slimming

If your aim lies in contouring and slimming, this is where you need to be! A mixture of essential oils such as grapefruit, lavender and lemon help burn away the fat and target problem areas such as the stomach, thighs and buttocks. The treatment also tones your body and assists with detoxing, too.

**BE Urban Wellness, 11F/L, Work @ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur. Tel: 03-2095 1999.**

## Best Aromatherapy Massage

### Thai Odyssey Thai Aromatherapy Massage, RM148 (90 mins).

Smooth strokes of pressure combined with healing scents will relax your tired joints and leave you refreshed. Relax in the dimmed room and revel in the fact that you're in talented and trained hands – you'll feel as balanced as a yogi when the massage is over.

**Thai Odyssey, Lot 1F-23, 1st Floor, Bangsar Village 2. Tel: 03-2283 2426.**



## Best Hot Stone Massage

### Energy Day Spa Hot Stone and Deep Tissue Massage, RM180 (60 mins).

The spa's therapists and its soft lighting will immediately calm you upon entering. Water-heated stones are glided along your stiff muscles and as the heat of the stones is absorbed by your skin, it encourages blood flow and promotes deep relaxation. The combo of hot stone, relaxing heat and a full body massage makes this a very therapeutic treatment.

**Energy Day Spa, Lot 4, Level 4, Great Eastern Mall. Tel: 03-4256 8833.**



## Best Detox Massage

### My Beauty Cottage Mimosa & Green Apple Detox Treatment, RM398 (120 mins).

With the therapist first discussing with you what you aim to achieve as well as your tolerance levels, comfort levels are at an all-time high. Utilising natural ingredients, the massage rejuvenates and drains clogged pores. The body scrub doesn't just help circulation and slough away dead skin, its natural scents relaxes you, too.

**My Beauty Cottage, K-1-3, Soho KL @ Solaris Mont Kiara. Tel: 03-6204 9322.**



## Best Slimming Treatment

### Marie France Bodyline Goldlux Body Therapy, starts from RM700 (90 mins).

Formulated to define your silhouette, the gold is absorbed by the skin to stimulate cell regeneration. Anti-oxidant ingredients are used for age-defying benefits for the sexiest curves imaginable!

**Marie France Bodyline, Level 4, Great Eastern Mall. Tel: 03-4253 4253.**



## Best Massage At Removing Knots And Kinks

**Thai Odyssey Traditional Thai Massage, RM125.10 (90 mins).**

Your masseuse will get pretty up close and personal – all the stretches you should have been practising at home are now going to be applied to your body in one session. Bending and stretching the limbs help release trapped energy, and the various positions almost feel like a form of release.

**Thai Odyssey, Lot 1F-23, 1st Floor, Bangsar Village 2. Tel: 03-2283 2426.**

## Best Massage For Pregnant Women

**Urban Retreat Spa Pregnancy Massage, RM129 (60 mins).**

Here's a gentle, customised massage especially for the mummy-to-be! You'll be asked to lie on the floor (yes, on blankets and pillows!) in order for the massage to be carried out more effectively. Your plus one will be supported by a pillow, too. This helps reduce areas of stress, such as the feet, back and hands, and reduces fluid retention in your legs and ankles.

**Urban Retreat Spa, Lot 157, 1st Floor, The Curve.**

**Tel: 03-7731 9829.**



## Best Weekend Getaway

**The Grand Lexis Port Dickson**

Which girl hasn't dreamt of having her own private pool?

The Grand Lexis Hotel caters to that fantasy by providing rooms with a pool each, so you can Instagram and selfie to your heart's desire!

The hotel also has a newly opened spa that offers traditional Malay treatments to lull you into an utter sense of relaxation.

**The Grand Lexis Hotel, Batu 2, Jalan Seremban, 71000 Port Dickson, Negeri Sembilan. Tel: 06-653 2000.**



## Best Skin Revitalising Treatment

**Beaubelle Cleopatra's Fantasy: Troves of Gaia's Treasures, RM350 (120 mins).**

Channel the most ostentatious queen ever known with this spa treatment consisting of milk, honey and other ingredients that will have you feeling like royalty. Just one session will leave you with a brighter, smoother and more supple skin!

**Beaubelle Spa, Jalan PJU 1/41, Dataran Prima, 47301 Petaling Jaya. Tel: 03-7803 0823.**

## Most Relaxing Spa Treatment

**Sothys Flagship Salon Peace of the Senses, RM180 (60 mins).**

It's not often that we fall asleep during treatments, but this one had us in such a state of bliss that we dozed off! It offers you an escape from your hectic world through three phases – a relaxing massage, soothing music and a deep toning massage.

**Sothys Flagship Salons, 2, Jalan Telawi Satu, Bangsar, 59100 Kuala Lumpur. Tel: 03-2287 8128.**



## Best His & Her Massage

**YTL Spa Village Trade Winds Massage, RM1,740 (180 mins).**

Every couple needs to do something together once in a while, and a spa is the perfect way to pamper you both! The session begins with a body scrub to slough away dead skin. You'll experience the Terra Timur scrub and your partner the Papaya Gentle Body Scrub. Treatments follow with a Swedish massage and a European facial.

**Spa Village, The Ritz-Carlton, 168, Jalan Imbi, 55100 Kuala Lumpur. Tel: 03 2142 8000.**



## Best Sleep Inducing Massage

**Saujana Spa Oriental Body Works, RM260 (75 mins).**

The massage combines Balinese massage, lomi-lomi and a little bit of Thai massage. Expect to be calmed and soothed, while detoxed effectively as a result of the Thai techniques.

**The Spa Saujana, Jalan Lapangan Terbang Subang, 40510 Shah Alam. Tel: 03-7840 5026.**



## Best Skin Softening Scrub

**BE Urban Wellness Dark Chocolate Indulgence, RM700 (90 mins).**

Warning: do not proceed on an empty stomach. The truly delectable smelling treat will have you smelling like chocolate all day long, after an indulgent bath, scrub and massage. The massage is carried out in such a way that it helps eliminate lactic acid build-ups for muscle pain relief.

**BE Urban Wellness, 11F/L, Work @ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur. Tel: 03-2095 1999.**



## Best Body Wrap

**Aster Spring Hydra Silk Body Wrap, RM228 (40 mins).**

Aiming to repair the skin and de-stress the senses, the experts will pamper and indulge you with a blend of essential oils, including lavender, orange, patchouli, and clary sage. The mixture also includes soymilk and self-heating powder. The skilful hands of the therapists will soon put you at ease with their rhythmic neck and scalp relaxation massage.

**Aster Spring, Hartamas Shopping Centre. Tel: 03-6201 5835.**

## Best Foot Massage

**Essa Grand Hyatt Feet First, RM348 (60 mins).**

Rushing around in heels isn't going to do your feet any good, so treat them to a pampering session. Using the power of ginger, neroli and vetiver, the massage uses pressure point reflexology to help you de-stress. Your worries will be washed away in no time!

**Grand Hyatt, 12, Jalan Pinang, 50450 Kuala Lumpur. Tel: 03-2182 1234.**

## Best Sports Massage

**The London Orchid Sports Massage, RM200 (90 mins).**

Therapist Leagha is an avid sports fan, so she understands the pain you'll feel after that two-hour gym session. Be prepared for a powerful and skilful massage, as she knows how to work out the knots and relieve any tightness you might be feeling. The massage uses Elemis Muscles Active Body as a body oil, as it penetrates quickly to dissolve any buildup of lactic acid.

**The London Orchid, Plaza Damansara, 36, Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur. Tel: 03-2095 6009.**

## Best Massage For That Time Of The Month

**Cres Wellness Absolute Diva (PMS) Body Therapy, RM128 (60 mins).**

Created for women who suffer from menstrual pain, this treatment begins with a shoulder and neck massage to awaken your blood circulation. The lower back massage is conducted using a pressure point technique which releases toxins from the liver. Lastly, experience a scalp massage to get rid of that throbbing headache!

**Cres Wellness, Lot FF-225, 4th Floor, The Gardens Mall. Tel: 03-2287 6369.**



## Best Spa Package

**Ossoto Spa**

Basically a gym membership but for a spa, Ossoto provides services such as beauty treatment rooms, fitness rooms, a cafeteria, and a bath spa area. You can use all the facilities by signing up for a monthly membership and get to indulge yourself in any treatment from mineral salt foot care to a Thai massage.

**Ossoto Spa, Wisma Mirama, 50460 Kuala Lumpur. Tel: 03-2145 1122.**



## Spa Treatment Fit For A Princess

**Hamam Spa Sultana Hamam, RM550 (210 mins)**

Be prepared to be treated like royalty – this spa will raise your expectations when it comes to pampering yourself! You'll be scrubbed and lathered from top to toe with a mixture of henna and black Moroccan soap, leaving you with skin as smooth as silk. Sit through a rose blossom hair masque and a body mask, and be further pampered with a 75-minute massage. The treatment then ends with a purifying facial.

**Hamam Spa, Level 4G, Publika, Solaris Dutamas.**

**Tel: 03-6201 0881.**

## Best Energising Massage

**Decléor Paris Oressence Massage, RM178 (60 mins).**

Working on the body's three main energy flows – cell, muscle and peace of mind – the treatment includes a combination of essential and plant oils, used on a complete aromatherapy body massage. Oils used include plant oils which are rich in Omega 6, Omega 9, vitamin E, and hickory wood, which promote the sense of deep relaxation and stimulate blood circulation.

**Decléor Paris, The Curve. Tel: 03-7725 2744.**



## Most Mouth-Watering Treat

**The Majestic Hotel Spa English Afternoon Tea, starts from RM700 (120 mins).**

The spa begins with a blackberries and cream scrub, followed by a massage with garden berries massage oil. You'll also be pampered with an English rose facial during the treatment.

**The Majestic Hotel Spa, The Majestic Hotel, 5, Jalan Sultan Hishamuddin, 50000 Kuala Lumpur. Tel: 03-2785 8000.**

## TOP GROOMING TREATS



## Best Brazilian For The First-Timer

**Apronbay Brazilian Wax, RM97.20 (60 mins).**

First times are a terrifying ordeal, but it doesn't necessarily have to be painful or uncomfortable. The nearly hour-long service is probably the gentlest experience to be had, and if you had your reservations, they will certainly dare you to bare. With a cooling ointment applied after every strip is removed, and fully-trained staff, it really doesn't get any better as far as first times go.

**Apronbay, 6, Jalan Telawi 4, Bangsar Baru, 59100 Kuala Lumpur.**

**Tel: 03-2287 8081.**

## Best Manicure For The Busy Bee

**Nails On Wheels**

A nail service which comes to you instead of the other way around is exactly what the 21st century woman needs. The manicurist will text you beforehand to let you know that she's on the way. Upon arrival, she'll open her magic box of tools to reveal OPI nail colour in every shade imaginable! Sit back and watch a movie while she takes care of your nails.

**Tel: 012-689 9293.**

## Best Nail Design

**The Beauty Room, starts from RM5 per nail.**

My Beauty Room provides not only an oasis for a good mani/pedi but also amazing designs for everyone's inner nail diva. Floral? Glitter? Crystals? Cute little kitten faces? You name it and they'll do their best to accommodate your whims! Just sit back and watch the nail technicians work their magic.

**The Beauty Room, Block D2 Level G4-8, Solaris Dutamas, 50480 Kuala Lumpur. Tel: 03-6206 5525.**



## Best One-Stop Wax Centre

### Strip

Claiming to have pruned over 3 million bushes worldwide, the wax-perts at Strip assure you that they run a clean and tight ship with their pre-sealed parcels on the wall – a necessity for all their hair removal treatments. What we love best? The comprehensive “menu” of removals from head to toe that caters for both females *and* males. Yep, you can now drag your man along, too!

**Strip, Unit 401A, Level 4, Suria KLCC.**  
Tel: 03-2181 5579.



## Best Eyebrow Waxing

**Furless Waxing, RM30 (around 20 mins).**

Soothing therapists and a comfortable bed will have you at ease here. If you're into super-defined brows, Furless will do you a

treat. The clean lines left behind are sharp enough to cut!

**Furless Waxing, Jaya One, 46200 Petaling Jaya.**

Tel: 03-7931 7326.



## Best Gel Manicure

**The Nail Parlour Jessica Geleration, RM100 (45 mins).**

A quick and lasting manicure sounds like wishful thinking, but with Jessica's Geleration professional gel nails, they'll last up to four weeks (and keep a high-gloss shine simultaneously!). They're applied and removed as quickly – the gel overlays are soaked off in 10-15 minutes. They withstand the rough and tough of all your activities, from washing dishes to wall climbing!

**The Nail Parlour, F142, 1st Floor, 1 Utama Shopping Centre.**

Tel: 03-7710 4908.

## Best Underarm Waxing

**Benefit Underarm Waxing, RM43 (30 mins).**

Don't shave your underarms, but let Benefit wax those unsightly hairs right away! Their wax assures an almost-painless experience depending on your pain threshold, and guarantees to banish even the shortest and most stubborn of hairs. Now put your hands up in the air without worries!

**Benefit, F306, 1st Floor, 1 Utama Shopping Centre.** Tel: 03-7725 3566.

## Best Hair Removal

### Musee Platinum Tokyo

Nothing speaks precision and hygiene the way the colour white does, and Musee Platinum has its interior decorated as such to remind you that there's a reason why it's the number one hair removal salon in Japan! Using the Smooth Skin Control treatment process, Musee's hair removal procedure is more effective (and definitely more pain-free) than Intensive Pulse Light (IPL) laser treatments or traditional waxing methods. It's also free of hidden costs, so you don't have to worry about additional cosmetic fees or after-treatment products.

Musee Platinum Tokyo, Lot FF-222C, 4th Floor, The Gardens Mall.  
Tel: 03-2287 3188.



## Best Lip Waxing

### Benefit Lip Wax, RM28 (15 mins)

Because not everyone's skin tone assures that a flawless bleach can hide that unwanted fuzz, you can wax it away with Benefit. Quick and (almost) painless, it'll leave a clean and smooth lip line that won't have him thinking of Tom Selleck when he leans in for a kiss!

Benefit, Parkson Pavilion.  
Tel: 03-2141 4601.



## Best Spa Mani/Pedi

### Glitters Nails & Waxing Salon Chocolate Espresso Spa Mani & Pedi, RM150 (90 mins).

Indulge your nails with this chocolate treat! Start with a warm chocolate soak followed by an espresso scrub and clay mask. Your hands and feet will be slathered in cocoa butter for a soft touch and an even softer step.

Glitters Nails & Waxing Salon,  
Lot F220B, 1st Floor,  
1 Utama Shopping Centre.  
Tel: 03-7710 8813.



## Best Leg Waxing

### Furless Waxing, RM100 (around 40 mins).

Furless staff will do their best to ensure your comfort levels are at the peak. Jasmine oil is applied onto the skin prior to the warm wax to ensure that your skin is protected, and when the wax strips finally come off, the stray hairs that escape the wrath of the wax are taken care of using tweezers!

Furless Waxing, Jaya One, 46200  
Petaling Jaya.  
Tel: 03-7931 7326.



## Best Super-Smooth Brazilian Wax

### Bubble Gum Brazilian Wax, starts from RM76 (30 mins).

With dimmed lights to relax you and keep your mind off the process, Bubble Gum Wax boasts itself in being "The Waxing Expert", and it's not an exaggeration. With skilled technicians guiding your breathing during the course of hair removal, the whole process is as painless as possible!

Bubble Gum Wax, F.1.7, Hartamas Shopping Centre.  
Tel: 03-6211 5038.



## Most Hydrating Mani/Pedi

### The Nail Parlour Tuscan Citrus & Herbs, RM140 (75 mins).

Natural scrubs have never been more delish! Apart from getting your fingers and toes slathered in real honey and sea salt for extra hydration, you're spoiled silly with a Tuscan Citrus butter blend that smells good enough to eat.

The Nail Parlour, F142, 1st Floor, 1 Utama Shopping Centre.  
Tel: 03-7710 4908.